

**Board Policy**

The Board of Trustees of Shelley Joint School District No. 60 acknowledges that it is in the best interest of the district's students to establish policies and procedures to protect student and provide a measure of safety for those who wish to participate in athletic contests. All coaching procedures and equipment purchases should be oriented toward decreasing the chance of injury.

A physical examination is required, as shown in policy number 503.61, Interscholastic Athletics, for each student who participates in athletics, as defined by the Idaho High School Activities Association, building principal, or the activity director of athletic contests and/or cheerleading.

No student may try out for, or participate on, any athletic squad, cheerleading, or other activity defined by this policy without first having an approved physical examination; the result of which clears the student to participate. Any student not receiving proper clearance may not participate in any practices, meetings or performances.

**Suggested Implementation Guidelines**

To facilitate the implementation of this policy, the following guidelines are proposed:

1. The responsibilities for implementation of this policy shall be with the high school activities director.
2. The activities director may involve the following:
  - a) Nurses
  - b) Principals
  - c) Coaches at all levels
  - d) Other school personnel as may be required.
3. The District through its activities director and other staff members will work with the local physicians in providing where possible an opportunity for a comprehensive physical examination.
4. The physical examinations will be a screening physical format. If something is found that would require additional follow-up, the student would be referred to his/her regular physician. Costs of such follow-up visits must be borne by the student and/or his/her parent/guardian.
5. Physical examination opportunities where possible shall be scheduled twice during the school year. Typically the initial screening would occur in late July or early August to accommodate the fall sports seasons. The second opportunity will be arranged as determined by the activities director, high school principal, and local physicians.

ATHLETIC PHYSICAL EXAMINATIONS

6. Arrangements will be made to accommodate both male and female students in an environment conducive to positive self worth and free from unnecessary embarrassment.
7. Since this program is a method of community service by those involved, any student wishing to participate must do so only when the program is offered. No alternate sessions will be scheduled.
8. If a student cannot attend, or elects not to participate, he/she shall have full responsibility to obtain and pay for a physical examination from the physician of his/her choice consistent with the timeliness of this policy.
9. The physical examination program will be advertised broadly throughout the community in advance of each opportunity.
10. Any physical, whether through this program or through a private physician must be on the approved form, which is on file at each secondary school.
11. Should a student be injured during the course of an athletic season, at the discretion of the coach, activities director, or principal, he/she may be excluded from participation pending a subsequent more thorough analysis by a competent physician prior to reinstatement to the team.