

SHELLEY SCHOOL DISTRICT # 60

SHELLEY HIGH SCHOOL

Jan 26, 2012

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 2 NO SCHOOL	Jan - 3 SPAGHETTI HOT BREAD STICK CHEESE STICK GREEN SALAD RANCH DRESSING JELLO w/TOPPING FRUIT CHOICE LOW-FAT MILK OR BAKED IDAHO POTATO HAM & CHEESE SAUCE GREEN BEANS HOT ROLL PIZZA GRILLED CHICKEN SANDWI VEG. CHOICE HAMBURGER ON WHOLE GRAIN BUN SUB SANDWICH RIB-B-Q ON WHOLE GRAIN BUN SALAD BAR CAESAR SALAD CONDIMENT BAR GRAB-N-GO NACHOS' UNCRUSTABLE	Jan - 4 CHICKEN ENCHILADAS SALSA CORN CHOCOLATE PUDDING FRUIT CHOICE LOW-FAT MILK OR MINI CHIMI TOPPINGS TATOR TOTS CHICKEN BURGER ON WHOLE GRAIN BUN CHICKEN NUGGETS HOT ROLL POPCORN CHICKEN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR BABY CARROTS RANCH DRESSING GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED BLUEBERRY MUFFIN BAGEL	Jan - 5 TURKEY AND GRAVY MASHED POTATOES STEAMED CARROTS HOT ROLL PEANUT BUTTER/HONEY FRUIT CHOICE LOW-FAT MILK OR PIZZA HOT BREAD STICK GREEN SALAD RANCH DRESSING GRILLED CHICKEN SANDWI VEG. CHOICE HAMBURGER ON WHOLE GRAIN BUN SUB SANDWICH RIB-B-Q ON WHOLE GRAIN BUN SALAD BAR CAESAR SALAD CONDIMENT BAR GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED BLUEBERRY MUFFIN BAGEL FRUIT ROLL CURIOUS GEORGE POPTART	Jan - 6 MANDARIN CHICKEN SAVORY RICE HOT ROLL CALIFORNIA BLEND SPICE COOKIE FRUIT CHOICE LOW-FAT MILK OR HOT POCKET POTATO WEDGES GREEN SALAD RANCH DRESSING CHICKEN BURGER ON WHOLE GRAIN BUN CHICKEN NUGGETS POPCORN CHICKEN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR BABY CARROTS GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 9	Jan - 10	Jan - 11	Jan - 12	Jan - 13
TERIYAKI CHICKEN NUGGET MASHED POTATOES CHICKEN GRAVY GREEN BEANS HOT ROLL FRUIT CHOICE LOW-FAT MILK OR HOT DOG ON BUN CHILI FRIES VEGGIE STICKS CHICKEN BURGER ON WHOLE GRAIN BUN CHICKEN NUGGETS POPCORN CHICKEN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD FRIES CONDIMENT BAR BABY CARROTS RANCH DRESSING GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED	HOT HAM&CHEESE SANDWI TOMATO SOUP CRACKERS VEGGIE STICKS RANCH DRESSING FRUIT CHOICE LOW-FAT MILK OR BAKED IDAHO POTATO HAM & CHEESE SAUCE HOT ROLL GREEN BEANS PIZZA HOT BREAD STICK GREEN SALAD GRILLED CHICKEN SANDWI VEG. CHOICE HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED	EGGROLL SWEET & SOUR SAUCE FRIED RICE MIXED VEGETABLES APRICOT CHIP CAKE FRUIT CHOICE LOW-FAT MILK OR TURKEY WRAP TATOR TOTS CHICKEN BURGER ON WHOLE GRAIN BUN CHICKEN NUGGETS HOT ROLL POPCORN CHICKEN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR BABY CARROTS RANCH DRESSING GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED BLUEBERRY MUFFIN BAGEL	SHEPHERD'S PIE GREEN SALAD RANCH DRESSING HOT ROLL FRUIT CHOICE LOW-FAT MILK OR SOFT TACO TOPPINGS CORN PIZZA HOT BREAD STICK GRILLED CHICKEN SANDWI VEG. CHOICE HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED BLUEBERRY MUFFIN BAGEL	NO SCHOOL

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 16 NO SCHOOL	Jan - 17 LASAGNA GREEN SALAD RANCH DRESSING HOT BREAD STICK CHOC. CHOODLE COOKIE FRUIT CHOICE LOW-FAT MILK OR BAKED IDAHO POTATO HAM & CHEESE SAUCE HOT ROLL GREEN BEANS PIZZA GRILLED CHICKEN SANDWI VEG. CHOICE HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED	Jan - 18 TACO SOUP CHIPS CHEESE VEGGIE STICKS RANCH DRESSING FRUIT CHOICE LOW-FAT MILK OR BURRITO BURRITO SAUCE TATOR TOTS STEAMED CARROTS CHICKEN BURGER ON WHOLE GRAIN BUN CHICKEN NUGGETS POPCORN CHICKEN HOT ROLL HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR BABY CARROTS GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED	Jan - 19 CHINESE HAYSTACKS TOPPINGS BROWN RICE PEAS & CARROTS HOT ROLL JELLO w/TOPPING FRUIT CHOICE LOW-FAT MILK OR TACO SALAD IN WHOLE GRAIN SHELL RANCH DRESSING CORN PIZZA HOT BREAD STICK GREEN SALAD GRILLED CHICKEN SANDWI VEG. CHOICE HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED	Jan - 20 CHICKEN FAJITA ON W/W TORTILLA LETTUCE & CHEESE SALSA VEGGIE STICKS WHITE CAKE STRAWBERRIES FRUIT CHOICE LOW-FAT MILK OR HOT POCKET POTATO WEDGES CHICKEN BURGER ON WHOLE GRAIN BUN CHICKEN NUGGETS HOT ROLL POPCORN CHICKEN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR BABY CARROTS RANCH DRESSING GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED

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Jan - 23	Jan - 24	Jan - 25	Jan - 26	Jan - 27
FRENCH TOAST STICK MAPLE SYRUP SCRAMBLED EGGS SALSA HAM SLICE TATOR TOTS FRUIT CHOICE LOW-FAT MILK OR SPICY SICHUAN CHICKEN BROWN RICE HOT ROLL CALIFORNIA BLEND CHICKEN BURGER ON WHOLE GRAIN BUN CHICKEN NUGGETS POPCORN CHICKEN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR BABY CARROTS RANCH DRESSING GRAB-N-GO NACHOS' UNCRUSTABLE	CHICKEN FRIED STEAK MASHED POTATOES COUNTRY GRAVY HOT ROLL CALIFORNIA BLEND JELLO w/TOPPING FRUIT CHOICE LOW-FAT MILK OR BAKED IDAHO POTATO HAM & CHEESE SAUCE GREEN BEANS PIZZA HOT BREAD STICK GREEN SALAD RANCH DRESSING GRILLED CHICKEN SANDWI VEG. CHOICE HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR GRAB-N-GO NACHOS' UNCRUSTABLE	HOT DOG WRAP MUSTARD/KETCHUP BAKED BEANS FRIES FRUIT CHOICE LOW-FAT MILK OR TACO PIE LETTUCE & TOMATO CORN CHICKEN BURGER ON WHOLE GRAIN BUN CHICKEN NUGGETS HOT ROLL POPCORN CHICKEN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD FRIES CONDIMENT BAR BABY CARROTS RANCH DRESSING GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED BLUEBERRY MUFFIN BAGEL	HAM & POTATO SOUP BREAD BOWL VEGGIE STICKS RANCH DRESSING CHERRY DESSERT FRUIT CHOICE LOW-FAT MILK OR SOFT TACO TOPPINGS CORN PIZZA HOT BREAD STICK GREEN SALAD GRILLED CHICKEN SANDWI VEG. CHOICE HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR HOT ROLL CAESAR SALAD CONDIMENT BAR GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED BLUEBERRY MUFFIN	SOUR CREAM ENCHILADAS SAVORY BROWN RICE MIXED VEGETABLES PEANUT BUTTER COOKIE FRUIT CHOICE LOW-FAT MILK OR HOT POCKET VEGGIE STICKS RANCH DRESSING FRIES CHICKEN BURGER ON WHOLE GRAIN BUN CHICKEN NUGGETS HOT ROLL POPCORN CHICKEN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR BABY CARROTS GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED BLUEBERRY MUFFIN

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Jan - 30	Jan - 31	Feb - 1	Feb - 2	Feb - 3
CHICKEN NUGGETS B-B-Q- SAUCE CHEESEY POTATOES HOT ROLL MIXED VEGETABLES CHOCOLATE PUDDING FRUIT CHOICE LOW-FAT MILK OR FISH NUGGETS CONDIMENTS POTATO WEDGES CHICKEN BURGER ON WHOLE GRAIN BUN POPCORN CHICKEN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR BABY CARROTS RANCH DRESSING GRAB-N-GO NACHOS'	ROAST PORK GRAVY MASHED POTATOES HOT ROLL PEAS & CARROTS CHOCOTATE CHIP COOKIE FRUIT CHOICE LOW-FAT MILK OR BAKED IDAHO POTATO HAM & CHEESE SAUCE GREEN BEANS PIZZA HOT BREAD STICK GREEN SALAD RANCH DRESSING GRILLED CHICKEN SANDWI VEG. CHOICE HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN SUB SANDWICH SALAD BAR CAESAR SALAD CONDIMENT BAR GRAB-N-GO NACHOS' UNCRUSTABLE LONG JOHN/FROSTED	BBQ TURKEY SANDWICH SANDWICH TOPPINGS FRIES VEGGIE STICKS RANCH DRESSING FRUIT CHOICE LOW-FAT MILK OR CHICKEN FAJITA ON W/W TORTILLA TOPPINGS SAVORY BROWN RICE CORN CHICKEN BURGER ON WHOLE GRAIN BUN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN PIZZA HOT BREAD STICK GREEN SALAD CONDIMENT BAR GRAB-N-GO' NACHOS' UNCRUSTABLE BABY CARROTS	TURKEY AND NOODLES MASHED POTATOES PEAS & CARROTS ROLL AND PEANUT BUTTER JELLO w/TOPPING FRUIT CHOICE LOW-FAT MILK OR CHICKEN NOODLE SOUP SALAD BAR HOT BREAD STICK SUB SANDWICH CONDIMENTS POTATO WEDGES GRAB-N-GO NACHOS' UNCRUSTABLE BABY CARROTS	TACO PIE TOPPINGS CORN RANCH DRESSING COWBOY COOKIE FRESH FRUIT CHOICE LOW-FAT MILK OR HOT POCKET FRIES MIXED VEGETABLES CHICKEN BURGER ON WHOLE GRAIN BUN HAMBURGER ON WHOLE GRAIN BUN RIB-B-Q ON WHOLE GRAIN BUN PIZZA HOT BREAD STICK GREEN SALAD CONDIMENT BAR GRAB-N-GO' NACHOS' UNCRUSTABLE BABY CARROTS

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