

SHELLEY SCHOOL DISTRICT # 60

SUNRISE BREAKFAST

Sep 1, 2010

{USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER}

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Monday	Tuesday	Wednesday	Thursday	Friday
		Sep - 1 BREAKFAST COMBO-HAM TATOR TOTS FRUIT,JUICE,CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 2 FRENCH TOAST STICK* MAPLE SYRUP SCRAMBLED EGGS FRUIT,JUICE,CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 3 CEREAL, ASST. CINNAMON TOAST FRUIT,JUICE,CHOICE MILK- VARIETY
Sep - 6 NO SCHOOL	Sep - 7 BREAKFAST PIZZA* FRESH FRUIT CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 8 BREAKFAST COMBO-HAM TATOR TOTS FRUIT,JUICE,CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 9 FRENCH TOAST STICK* MAPLE SYRUP SCRAMBLED EGGS FRUIT,JUICE,CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 10 NO SCHOOL
Sep - 13 PANCAKE MAPLE SYRUP SAUSAGE PATTIE FRUIT,JUICE,CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 14 BREAKFAST PIZZA* FRESH FRUIT CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 15 BREAKFAST COMBO-HAM TATOR TOTS FRUIT,JUICE,CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 16 FRENCH TOAST STICK* MAPLE SYRUP SCRAMBLED EGGS FRUIT,JUICE,CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 17 CEREAL, ASST. CINNAMON TOAST FRUIT,JUICE,CHOICE MILK- VARIETY

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 20 SAUSAGE BISCUIT FRUIT, JUICE, CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 21 BREAKFAST PIZZA* FRESH FRUIT CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 22 BREAKFAST COMBO-HAM TATOR TOTS FRUIT, JUICE, CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 23 FRENCH TOAST STICK* MAPLE SYRUP SCRAMBLED EGGS FRUIT, JUICE, CHOICE MILK- VARIETY OR CEREAL, ASST. CINNAMON TOAST FRUIT & GRAIN BAR	Sep - 24 CEREAL, ASST. CINNAMON TOAST FRUIT, JUICE, CHOICE MILK- VARIETY

Menus are subject to change.

*Denotes a whole grain food item.

Skim white and 1% chocolate/white milk served everyday.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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