

SKILL BUILDING

Skill Building is a program that assists students to be the best they can be. The program is a privilege granted to students who are willing to improve their behavior. This is a positive option for students who may be facing a suspension from school. Students not willing to comply with Skill Building rules will be suspended at home.

While in Skill Building, students will develop skills that will help them learn from their behavior and appropriate ways to interact with other students and authority figures. The students learn the *Boy's Town* model of appropriate and successful "How To's," which contain the following:

1. How to Get the Teacher's Attention
2. How to Disagree Appropriately
3. How to Follow Instructions
4. How to Greet Someone
5. How to Accept "No" for an Answer
6. How to Accept Criticism
7. How to Make a Request

In addition to the *Boy's Town* model, the students also work on all classroom work from their classes they are missing while in Skill Building. If at anytime a teacher needs a student in class for a particular concept or hands-on lesson, the student attends his regular class during the assigned class period. This provides an excellent opportunity for the students in Skill Building to keep up-to-date in their classes.

Another skill students learn in Skill Building is goal setting. The students are required to write down three goals to improve their behavior at school related to the reason the student was sent to Skill Building. The students are then required to take a tracking sheet containing their goals around to each class after they leave Skill Building. Each one of their teachers then rates the student on a scale of 1 to 4 (with 1 being the best) on how they did on their goals for that particular class on that particular day. If students maintain 1's, 2's, or 3's on their tracking sheets, they have accomplished their goals and are taken off of the tracking sheets. If students receive 4's on their tracking sheets, they are required to go back to Skill Building to work on positive behavior skills.